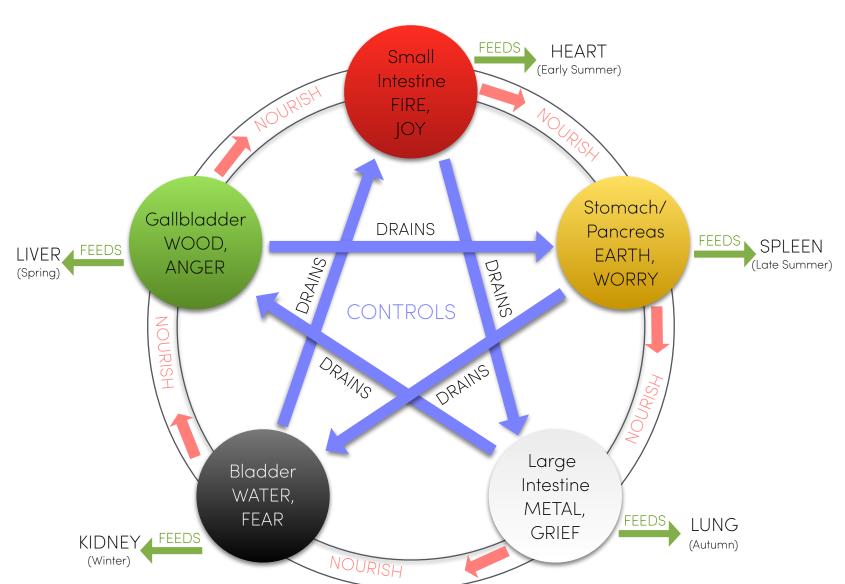
## **KO-SHENG Cycle**

Based on Traditional Chinese Medicine (TCM)



### CONTROLLING/ REGULATING CYCLE

The clockwise sequence with a pentagon represents the controlling links between the Elements & how the Elements control one another in nature. Similarly, when one organ system becomes imbalanced, all other systems will eventually be affected.

### ELEMENTAL RELATIONSHIPS

Water can extinguish Fire. Fire can melt Metal. Metal can cut Wood. Wood can contain Earth. Earth can absorb Water.

# TCM RELATION TO HOMOTOXICOLOGY

The more chronic your condition, the more symptoms you will have. Determining the original insult to the body and treat this core issue, symptoms will diminish and harmony will be restored.

#### **NOURISHMENT**

Without nourishment these organs can move out of harmony and into deficiency.

#### DRAINAGE

Without proper drainage these organs can move out of harmony and into excess.

